



# CHOKING & SUFFOCATION

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Children love to put things in their mouths. Put small items such as marbles and small toys out of reach so they can't choke on them.



# CHOKING & SUFFOCATION



- ✓ Don't feed little ones foods such as nuts, popcorn, corn chips, whole grapes, marshmallows or sticky lollies
- ✓ Grate or mash hard fruits and vegetables and cut meat into small pieces
- ✓ Watch little ones and make sure they sit down to eat
- ✓ Tie up loose curtain and blind cords out of reach of children, at least 1.6 metres above floor level

