

CHOKING & SUFFOCATION



- i** Little ones love to put things in their mouths. They can choke on anything smaller than a 20 cent coin
- ✓ Watch little ones while they are eating and make sure they sit down to eat
- ✓ Don't feed little ones small or hard foods which they can choke on such as nuts, popcorn, corn chips, whole grapes, marshmallows or sticky lollies
- ✓ Put away things like marbles, small toys (like Lego pieces), small batteries and loose coins so little ones can't choke on them
- ✓ Grate or mash hard fruits and vegetables and cut meat into small pieces before feeding it to little ones
- ✓ Tie up loose curtain and blind cords out of reach of children, at least 1.6 metres above floor level. You can get safety kits from your local hardware store



Proudly created by Maddi Moser (Chlo & Co Creatives), Taungurung Mob

