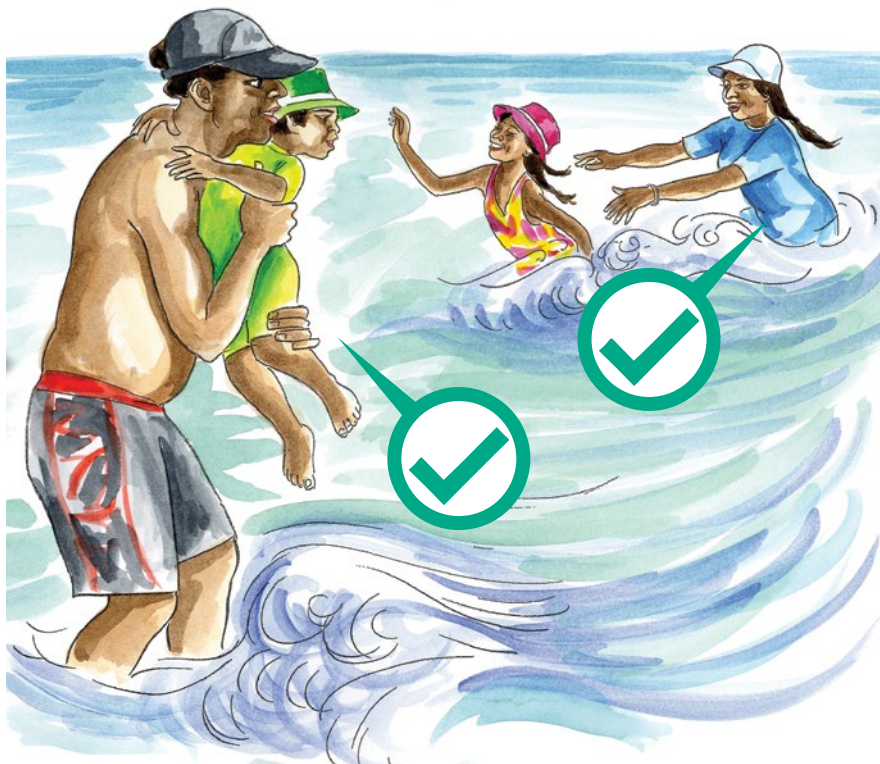


# DROWNING

**Young children love the water. They have no understanding of danger or drowning. They can drown very quickly and silently.**

✔ Closely watch children around the water at all times. Young children should always be within arm's length of an adult around water and never left in the care of older children.

**It can be too difficult for older children to watch and provide help.**



**It only takes 20 seconds for a young child to drown so never leave children alone near water.**

✔ Remember to watch your child in the bath and stay with them at all times. If you have to leave, take them with you.

## DROWNING

**Children can drown in as little as a few centimetres of water.**

Any buckets, inflatable pools, baths, water tanks, fish ponds, water features, pet drinking bowls and wheelie bins should all be emptied or be away from where your child plays.

Children can fall head first into water hazards like buckets and fish ponds and it can be hard for them to get out.



## DROWNING

### Install fencing around all pools and spas.

Check the pool fence regularly and fix it straight away if it is broken.



**✗ Never prop or keep the pool gate open.**

## Safety checklist to prevent drowning

- Do you always actively watch children around water and stay within arm's length of young children?
- Is your swimming pool or portable pool fenced?
- Do you always empty wading pools, eskies and buckets after each use?
- Do you have a grate or barrier to stop children playing in ponds and water features?
- Do you and your children always wear life jackets at the river and in a boat?
- Have you learnt CPR and do you know what to do in an emergency?
- Has your child been to swimming lessons?
- Do you always watch your children in the bath? Never leave a child alone in the bath.
- Have you checked your pool fence is in good condition and working like it should?
- Is your pool gate always kept shut and never propped open?

For more information, contact:  
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*This resource was originally developed by Kidsafe SA*

This resource is for general information only. Please consult Kidsafe VIC or a health professional for specific information relating to your circumstances and your child.