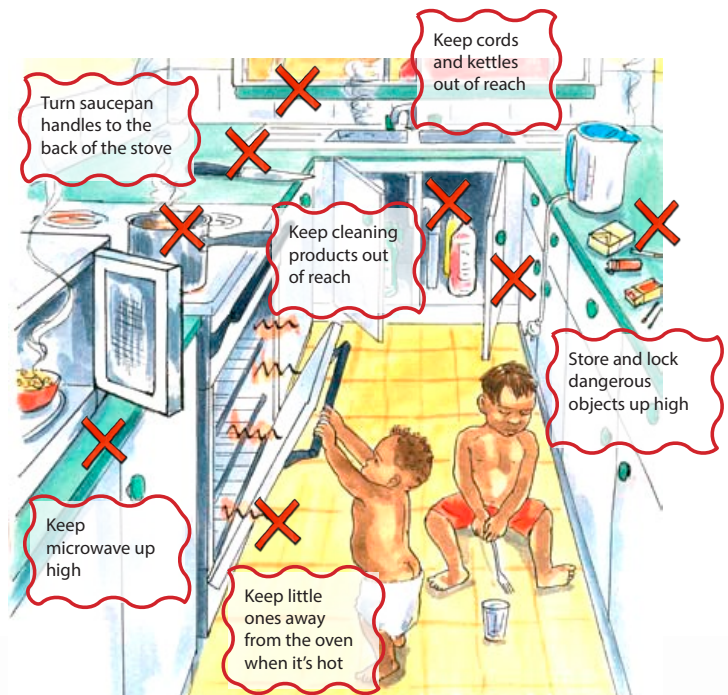


Burns and Scalds: In and Around the Home

- Hot water burns like fire. At 60° C it takes 1 second to cause a life threatening scald to an infant, whereas at 50° C it takes 5 minutes.
- A licensed plumber can reduce the water delivery temperature in your bathroom to 50° C.
- Check the temperature of the bath using a thermometer before putting little ones in.
- Never hold hot drinks or food when nursing or carrying little ones.
- You can restrict little ones access to the kitchen by using a gate, especially during meal preparation times.
- Install smoke alarms and regularly check that they are working by testing the batteries.



Burns and Scalds: Out and About

- Closely supervise little ones around fires.
- Never light a fire with petrol or flammable liquids.
- Always put campfires out with water and not sand or dirt.
- Keep little ones well away from the BBQ so that they don't get burnt.
- Keep a fire extinguisher, fire blanket or hose close by the BBQ in case of a fire.

